

A DAY IN A DOG'S LIFE AT ELEVATION DOGS KENNEL

Have you ever wondered what your dog does all day long while on a vacation or at daycare with Elevation Dogs?

Well, rest assured! Your dog won't be bored. Boredom leads to stress, anxiety and destructive/aggressive behavior. We are well aware of how crucial physical and mental stimulation, as well as time outside and in company with a human and/or doggy friend, is to your dog's well-being.

We are also well aware of the fact that there is not two dogs the same. Some like other dogs, some don't, some get hot easily, some get cold easily, some love to play, some just like to hang out, some love to run, some love to swim, some just want to cuddle, some are shy, some are confident, some are ... you get the picture and we do too. While we spend time with them and get to know them we also assess their personalities and are able to customize their stay with us to fit their needs.

Regardless of their personality and social confidence, they all get to go outside at least 5 times a day. Each time between 15 minutes to up to two hours.

Here is the schedule that we have come up with and that works best for our operation. We try to do all these things every day but sometimes, depending on weather condition, the group of dogs we have at that time and other factors, we may skip one and/or double up on another one.

DAILY ROUTINE

7am – 8am **Good Morning, Everybody!** Out we go! First thing in the morning everyone needs to go potty. This first bathroom break often turns into a fun game and romp around. Everyone stretches out, and gets an extensive good morning pet.

8am **Breakfast** After that first bathroom break, everyone comes back inside for breakfast. Everyone gets fed separately to avoid any conflict amongst food protective/aggressive guests and only what the owner instructs us to feed. Raw diets as well as any other diet is welcome. We also offer to feed RedPaw to your dog. RedPaw kibble is what we feed to all our dogs. We believe it is the best out there with our 25+ years of experience in raising and training dogs.

8.30am – 12pm **Playtime** During this time dogs seem to be everywhere and rotate from one place to another. In the **OFFICE** they get cuddle time with Rhonda. In the **INDOOR PLAYROOM**, they may learn a new trick (if allowed by the owner), play with one of the many dog toys, cuddle up with one of us on our couch or the big comfy blanket. In the various **OUTDOOR PLAY PENS** they may get to socialize with some friends if they like other dogs, play tug-a-war or fetch, cool off their feet in one of our doggy splash pools, climb up on our doggy tower and A-frame, play hide and seek behind some dog houses, or just lay in the shade/sun depending on preference. Group playtimes are always under the watchful eyes of one of us to ensure fair play by everyone. In the **DUGOUT PEN** they get to go for a swim if that is what they are in to and sniff around in the grass. Again, swim time is always under supervision and we provide life jackets.

12pm – 1.30pm **Nap Time** We have noticed that an actual quiet time is needed to keep everybody happy. Every dog comes inside their kennel with privacy panels on both sides for total protection and safety and can lay down on their own Kuranda dog bed for absolute comfort. During nap time we run our white noise machine and essential oils in our diffusers for them which puts them to sleep pretty much right away after an active morning. If no stranger or new dog interrupts during that time it is completely

quiet then. We love that too because it gives us a chance to put something in our bellies and get ready for the afternoon activities.

1.30pm – 3pm **Playtime** The playtime routine from the morning repeats itself and everyone gets to go outside again for a good playtime customized to their personality.

3pm – 4pm **Movie, Games & Treats** Some dogs are rather tired by that time. For those guests, we put on a dog friendly movie inside and they can watch it from the couch or the cuddle blanket on the floor, just like at home. Others are still full of it and those guys get to learn a game or a fun trick to stimulate their brain. We use positive reinforcement in training and give ample praise also for the small achievements. (We teach tricks only with the permission of the owner and training session happen only if requested.)

4pm **Dinner Time** Everyone goes back into their private kennel and the breakfast routine repeats itself.

4.30pm – 6pm **Bathroom Break & Playtime** Out we go again! Another bathroom break and more playtime for everyone.

6pm **Relax!** Everyone is tired from a day filled with fun activities and appreciates some rest.

9pm – 10pm **Bathroom Break** Last bathroom break happens quite late to provide comfort for our guests. We don't want them to hold it so long that they are uncomfortable or even have to release themselves inside. For most dogs that isn't something that they like to do, and we think it's great if they don't, too ;) If permission given by the owner, this is also when we give them a good-night-treat before we turn off the lights. For the night we leave the white noise machine and the essential oil diffusers running again.

Nighttime The owners as well as some of our staff members live in the very same building as our guests. There is only one door that separates us from them and we can easily check on them even during the night if need be. Cameras help supervise what's happening inside the dog's room too.

EXTRAS

Walks, running by the bike, dugout swims, bathing, nail trims, grooming, etc. are other things that may be part of your dog's activity list while with us depending on what he is booked in for. Check with us if you would like to know more about our additional services.